

HEARTPATH CENTER

Holistic Healing for Whole Living

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Karuna Reiki®

(Sessions-in person & distance; Classes-in person only)

Karuna Reiki® classes are taught over the course of two to three days. Karuna is a Sanskrit word used in Hinduism, Buddhism and Zen meaning compassionate action taken to diminish the suffering of others. It is the motivating quality of all enlightened beings working to bring healing and illumination to Earth. As you develop Karuna within yourself, your heart center opens and naturally extends Karuna to everyone without distinction as we are all One. The dove is the messenger of the Divine and comes to instill peace and compassion in the hearts of all who are ready to receive this truth.

Karuna Reiki®, when coupled with Usui Reiki, accelerates even more profound levels of healing and opens you to work more closely with all enlightened beings. Karuna Reiki® has two practitioner and two master teacher levels:

Practitioner I and II: Provides 8 new symbols for use during treatments and guidance and practice in their use. Examples of their many specific applications include preparing the person for deep healing, releasing fears and traumas at the cellular level, healing addictions, breaking up negative patterns, healing the shadow self, restoring balance and love, healing relationships, empowering and manifesting goals, grounding, connecting the higher self and increasing clairvoyance. As well, two of the symbols assist with healing all of humanity and the Earth.

Master I and II: Provides above 8 practitioner symbols plus 4 master symbols and guidance and practice in their use. As well, you will be taught how to pass attainments qualifying you as a Registered Teacher of Karuna Reiki®.



"Emotions are the next frontier to be understood and conquered. To manage our emotions is not to drug them or suppress them, but to understand them so that we can intelligently direct our emotional energies and intentions...It's time for human beings to grow up emotionally, to mature into emotionally managed and responsible citizens. No magic pill will do it."

Doc Childre